

Lesson 3 / March 16, 2025

Need Help?

By RLD Editorial Team

 for use as
STEP 1 
Lesson 3
Focus:

Jesus can help us with all our needs.

Lesson 3
Bible Basis:

Mark 2:1-12

Lesson 3
Memory Verse:

God is able to bless you abundantly, so that in all things at all times, having all that you need, you will abound in every good work.

—2 Corinthians 9:8

ECHOES Verse

My God will meet all your needs according to the riches of his glory.

—Philippians 4:19

In order to introduce the lesson topic, students will discuss how daily needs are met and watch a heartwarming video about a four year old who has a vision for the needs of others.

Materials:

- Internet access
- Whiteboard and marker (or screenshared document)

Every day, we need certain things in order to live our daily lives. Most of us have many of the same needs in common—food, clothing, a place to sleep—and some of us have needs that are different. Ask for a volunteer to write various needs on the board as your students respond to the following question. (If your class is meeting online, you can type them on a screenshared document while your students share ideas.)

➤ **What are some other things you need?** (You may need to point out less visible needs, like transportation, basic abilities, or education. Others may focus on more specific needs such as medicine they take frequently, eyeglasses, etc. Let the students continue giving examples to write on the board or screenshared document.)

Some of the things on this list represent things we can get for ourselves. You're all able to meet many of your own needs. But at the same time, there are definite needs that someone else has to help you with. Most of you don't pay for all of your own food or for a place to live! Ask another volunteer to identify the needs on the board as things we can do for ourselves vs. things we need help with. (If your class is meeting online, invite students note the items we need help with and add an asterisk to those items.)

Everyone has to get help with their basic needs some time. Even adults who pay for all their own things still depend on the rest of the world.

➤ **Who do your parents depend on for their needs?** (Examples could include safe roads, electricity or other utilities, or employers.)

Let's watch a short video about everyday heroes meeting the needs of people in need.

Play the video for the students [1:49]:

World Humanitarian Day 2024: #ActForHumanity.

<https://www.youtube.com/watch?v=sJpjjjwcY1o>

This video shared how humanitarian workers, who are helping people in need, face challenges in serving others. Some experience violence for their efforts, and still others lose their lives because of their work. These humanitarian workers truly are everyday heroes!

➤ **What needs are workers like these trying to meet?** (Food, safe housing, medical care, etc.)

We all have needs—some we need help with, some we don't. But there's one Person who can help with all our needs. Let's find out more about it in today's lesson.

(Continue on to Steps 2 and 3 in your teacher's guide; your Step 4 appears below.)



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STEP 4 **Lesson 3
Focus:**Jesus can help us with
all our needs.**Lesson 3
Bible Basis:**

Mark 2:1-12

**Lesson 3
Memory Verse:**God is able to bless you abundantly, so that
in all things at all times, having all that you
need, you will abound in every good work.
—2 Corinthians 9:8**ECHOES Verse**My God will meet all your needs according to
the riches of his glory.
—Philippians 4:19**Materials:**

- Internet access
- Index cards
- Pens/pencils
- Breakout room feature of video chat software (if meeting online)

If your class is meeting online, invite students to bring supplies with them to class.

As students are finishing their activities from the last step, remind them of the lesson focus. **The way Jesus helped meet the needs of those around Him reminds us that He can meet our needs today as well.**

➤ **What needs did Jesus meet in the lesson today?** (Remind students that Jesus not only healed the man, but also forgave his sin.)

The most obvious needs are the tangible ones like eating, drinking, being able to get around on your own, and so on. However, we all have needs that aren't as obvious. The man in the lesson needed to be able to walk, but he also needed his relationship with God to be fixed.

Distribute supplies (or invite students to have items ready at home). Divide your students into pairs; if you have an odd number of students, partner with the remaining student yourself. (If your class is meeting online, you can use the breakout room feature of your video chat software.) Instruct your students to spend a few minutes talking about needs they might be facing. **It could be something physical, like an illness or an upcoming challenge, or it could be a need that is more like some of the ones we've talked about earlier.** Instruct students to write the name of their classmate and their particular need on the index card.

This week, pray for your classmate and ask Jesus to help meet the need written on their index card. At the same time, you'll know that your classmate is praying for your need to be met as well.

Close in prayer.

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