

middle school



Lesson 10 / August 3, 2025

God's Guidebook

By RLD Editorial Team

for use as
STEP 1



Lesson 10

Focus:

God's Word can guide us.

Lesson 10

Bible Basis:

Exodus 19:1-8, 20;
20:1-3

Lesson 10

Memory Verse:

All Scripture is God-breathed and is useful for teaching, rebuking, correcting and training in righteousness. —2 Timothy 3:16

Students will watch a video clip to help them consider who needs guidance and why as they explore how God's Word can guide us.

Materials:

☐ Internet access

As students join your group time, ask them to think about who needs to be guided. Some ideas might be a person with limited vision or hearing; a tourist or someone new to town; people using GPS or an app to help them find destinations by car; an airline pilot; all children to some extent need guidance from parents, guardians, teachers, and leaders; etc. Invite students to share their ideas and elaborate on who needs guidance and why.

Show the following video clip to your students [0:56]:

Welcome to Southeastern Guide Dogs

Southeastern Guide Dogs worked the newest group of class-ready guide dogs in downtown St. Pete

<https://www.youtube.com/watch?v=CAu9aI8uSFM>

➤ **From what you could get out of this video, what were the most important skills that a guide dog must have?** (Answers will vary but may include ability to pay attention, ability to learn, ability to assess a situation and adjust accordingly, a trustworthy dog, etc.)

➤ **How critical do you think it is for a dog to accomplish every skill taught at the school? Why?** (It's very important! Someone with disabilities is vulnerable and trusting their life to the dog, assuming that it will lead them around dangerous situations.)

➤ **The dogs we saw in the video are about to complete the program, but not all dogs who begin the program will graduate as guide dogs. If a dog is kicked out of the program for not learning from the training, do you think that's the right or wrong thing for the school to do?** (Answers will vary. Some students may say that yes, it's the right thing to do since it was critical for the safety of the people involved. Others might say no, they should keep the dogs and allow them to take another course until they "get it.")

➤ **Have you ever been in a situation where you needed guidance, but the one leading you let you down in some way? Tell us about it.** (Be sure that your students are gracious as they share; be prepared to share your own experience.)

Like a sight-impaired person, we, too, are in danger if we don't have proper guidance. Let's dig in and find out about God's Guidebook and how it will never steer us wrong.

(Continue on to Steps 2 and 3 in your teacher's guide; your Step 4 appears below.)

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Lesson 10 / August 3, 2025

God's Guidebook

for use as
STEP 4



Lesson 10

Focus:

God's Word can guide us.

Lesson 10

Bible Basis:

Exodus 19:1-8, 20;
20:1-3

Lesson 10

Memory Verse:

All Scripture is God-breathed and is useful for teaching, rebuking, correcting and training in righteousness. —2 Timothy 3:16

Materials:

- ☐ Internet access
- ☐ Washi tape (variety of colors/patterns)
- ☐ Ultra-fine tipped permanent markers

If your class is meeting online, invite students to bring supplies with them to class. If they don't have washi tape at home, sticky notes will also work.

It doesn't get any more direct than God, Himself, providing laws and guidelines to follow. The Israelites couldn't use the "I was confused," or "I didn't think this applied to me" excuses. Moses had told them exactly what God was going to do, and they had all agreed to obey the commands that followed Moses' ascent up Mount Sinai. God's Word was designed to guide Israel, and ultimately, us. God made it specifically for His followers. God wrote upon the tablets. First Samuel 16:7b says, "All Scripture is God-breathed and is useful for teaching, rebuking, correcting and training in righteousness." That covers everything! We can trust God's Word to guide us!

Invite students to think about their devotional or Bible study habits. Are they remaining in God's Word every day? Are they meditating on the words they read and looking to those words from God when they face dilemmas and choices in life?

➤ **What kinds of things do you do to grow in your relationship with God?** (Accept all reasonable responses, which may include the following: praying, reading God's word, listening to worship music, spending time with other Christians, etc.)

➤ **How might using a Bible app help Christians stay in God's Word and guide them?** (An app makes it easy to be in Scripture daily and to have God's Word with you on the go. Spending time with God reading it or listening to an audible version and letting it guide you is what is important.)

Have a few students who want to share (volunteers only) discuss their devotional lives with the large group. Remind students that all Christians have times of great study and other times when they forget to meditate on God's Word. Life has ebb and flow and sometimes our devotional times do, too. However, staying on track (or getting back on track through being in

God's Word) is how God's Word can guide us. If we just think we know what God says but don't spend time reflecting and reading it, it is possible to be led astray. We need God's Word to guide us so we don't rely on our own thoughts and ways.

Distribute supplies (or invite students to have them ready at home). Have students write the reference "1 Samuel 16:7b" or "God's Guidebook"—or something similar as a reminder—on a piece of washi tape with an ultra-fine tipped permanent marker. Encourage students to put this piece of washi tape on their Bibles in a place where they can't miss this reminder. If a student wants to go the Bible app route, have them place the washi tape on their smartphone to remind them to download and use a Bible app to stay in God's Word and let it guide them.

Close in prayer thanking God for His Word and the guidance it provides.

Additional resources (Bible apps):

www.YouVersion.com

www.biblegateway.com

www.biblehub.com

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