

Lesson 7 / July 13, 2025

Intercessory Prayer

By RLD Editorial Team

for use as
STEP 1 **Lesson 7
Lesson Focus**

Intercede in prayer for others.

**Lesson 7
Bible Basis:**Ephesians 6:18-20;
Colossians 1:9-12**Lesson 7
Memory Verse:**

And pray in the Spirit on all occasions with all kinds of prayers and requests. With this in mind, be alert and always keep on praying for all the Lord's people. —Ephesians 6:18

Students will consider the necessity of interceding in prayer for others.

Materials:☐ Internet access

➤ **When someone you know and love is seriously sick or hurt, what is your first response? How do you try to help them?** (Accept all reasonable responses.)

Our response may be to call a doctor, drive the person to urgent care, bring the person medicine, or ask an adult to help the person who is in need.

Although our first response to someone being sick or hurt may be to care for their physical needs, we can also turn to our Heavenly Father for help in times of need.

Let's take a look at this testimony shared by evangelist Bryce Crawford after he prayed for someone to experience healing.

Play the following video clip for your students [0:59]:

MIRACULOUS HEALING POWER OF JESUS

<https://www.youtube.com/shorts/2CqSuaQsCpU>

➤ **How did Bryce respond when he encountered people who were sick or injured, including the man in this story?** (He prayed for their healing.)

➤ **Why do you think Bryce responded to the man's physical injury by going to prayer?** (Accept all reasonable responses. Answers may include that Bryce believed God was able to heal this man, he wanted this man to come to faith in Jesus, etc.)

➤ **Do you ever pray for God to help those in need? What kinds of things do you include in those prayers?** (Accept all reasonable responses. Answers may include things like praying for people to be healed, praying for them to know Jesus, praying for their needs to be met, etc.)

➤ **Have you—or someone you are close too—ever been sick or in an accident where you realized things were very grim? How did you react? Was prayer something you thought about doing immediately, or was it kind of an afterthought? (Answers will vary.)**

Although God does not always answer our prayers in the ways we expect, we can always pray to Him for help. He cares about our needs! Let's see what part prayer plays in our needs and lives today.

(Continue on to Steps 2 and 3 in your teacher's guide; your Step 4 appears below.)

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Intercessory Prayer

for use as

STEP 4 

Lesson 7

Focus:

Intercede in prayer for others.

Lesson 7

Bible Basis:Ephesians 6:18-20;
Colossians 1:9-12

Lesson 7

Memory Verse:

And pray in the Spirit on all occasions with all kinds of prayers and requests. With this in mind, be alert and always keep on praying for all the Lord's people. —Ephesians 6:18

Materials:

- ☐ Internet access
- ☐ Index cards
- ☐ Pens/pencils
- ☐ Smartphones
- ☐ Whiteboard and marker (or screenshared document)

If your class is meeting online, invite students to bring supplies with them to class.

Paul was not in a good place when he wrote the letters we studied today. At least he wasn't in a good place in worldly terms; he was most likely imprisoned. Yet, Paul used his less than ideal circumstance to ask those to whom he was writing to be alert and keep on praying for the Lord's people.

Instead of focusing on his own needs, as is common of most who request intercessory prayer, Paul reached out to the churches to let them know he was praying for them! Paul didn't just pray for their physical needs, but he lifted up their spiritual needs also.

In Ephesians 6:18, Paul admonishes Christians to pray for the Lord's people. Sometimes it is hard to know what to pray for people—especially if you don't know them very well.

➤ **Aside from praying for healing or a resolution to the problem they are facing, what are some other things you might pray for people who are suffering?** (Give your students an opportunity to brainstorm; write responses on the whiteboard or screenshared document.)

Direct your students to get into small groups of two or three. (If your class is meeting online, you can use the breakout room feature of your video chat software.) Make sure at least one person in each group has a smartphone they can share. Instruct your teens to pull up the following website on their smartphones:

Lifting Up Those Who Are Suffering

<https://www.prayerleader.com/?s=suffering>

Distribute supplies (or invite students to have them ready at home). On the index cards, have students write down prayer requests they'd like to share. If something is confidential, they can write down the words, "unspoken request" and their name. Have students hand their prayer request to another individual in their small group; each student should have someone else's request. Spend a few minutes in small groups lifting up each other's prayer requests. If they need prayer prompts, they can use the prayer guide on suffering to direct their prayers along with the ideas written on the whiteboard (or screenshared document).

You may want to play this video clip in the background as your students pray [3:42].

When We Pray (Official Music Video)

<https://www.youtube.com/watch?v=9YZZzgJB33E>

Encourage your students to take the request they received home and to pray for those needs this week on their own. Remind students to keep the requests confidential and emphasize today's focus, we are to intercede in prayer for others.

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